

משפחה אחת  **OneFamily**
 מתגברים על הטרור ביחד **Overcoming Terror Together**



Annual Report

2019



July 2020

Dear Friend,

At the end of June, OneFamily Israel held its Annual General Members Meeting in Jerusalem, for which this report was prepared and provided, summarizing the programs.

In addition, six new prestigious, independent individuals were voted in as members of OneFamily's Board of Directors and its Management Committee:

Meir Sheetrit is a former member of Knesset, and has held several Ministerial positions from 1999-2007. Elyakim Rubenstein is a former Vice President of the Supreme Court of Israel; he served as the Attorney General of Israel and as Assistant Director-General of the Ministry of Foreign Affairs from 1997-2004.

Idit Silman is an Israeli politician. She served as a former MK for the previous Government.

Major Eitan Dana-Pikar is a Defense Officer of the Judea Brigade and a recipient of the Outstanding IDF Chief of Staff Award.

Jan Wimpfheimer is a managing partner of Schwell Wimpfheimer & Associates LLP serving the United States and Israel.

Rabbi Chaim Sacknowitz made Aliyah from Toronto where he served as a community Rabbi.

OneFamily's mission is to champion the rights and meet the needs of Israel's civilian victims of terror families as well as the families of military casualties from confrontations with terrorists, to ensure their rehabilitation and reintegration into Israeli society. We bring Israel's victims of terror together into one national self-supportive family.

OneFamily's vision is to positively affect the physical rehabilitation and emotional recovery of each victim of terror and their family, as well as to empower each victim to achieve their financial and emotional independence.

To achieve those goals, OneFamily provides a uniquely comprehensive blend of financial and emotional assistance, as well as a variety of holistic therapeutic programs which are tailor-made for each person and delivered in our hallmark "family" atmosphere of togetherness that the victims have come to love and trust. The holistic approach allows us to treat the family as a whole and look after each and every member's well-being.

In this booklet we would like to share with you the 2019 End of Year Report of OneFamily's activities, programs and other services.

I'm very grateful for your past contributions. Please consider donating to OneFamily in these difficult fundraising times.

Your support will allow us to continue to empower Israel's Victims of Terror.

Thank You,



Marc Belzberg
Chairman, OneFamily Fund
marc@mbelzberg.com

2019 - A Year In Pictures

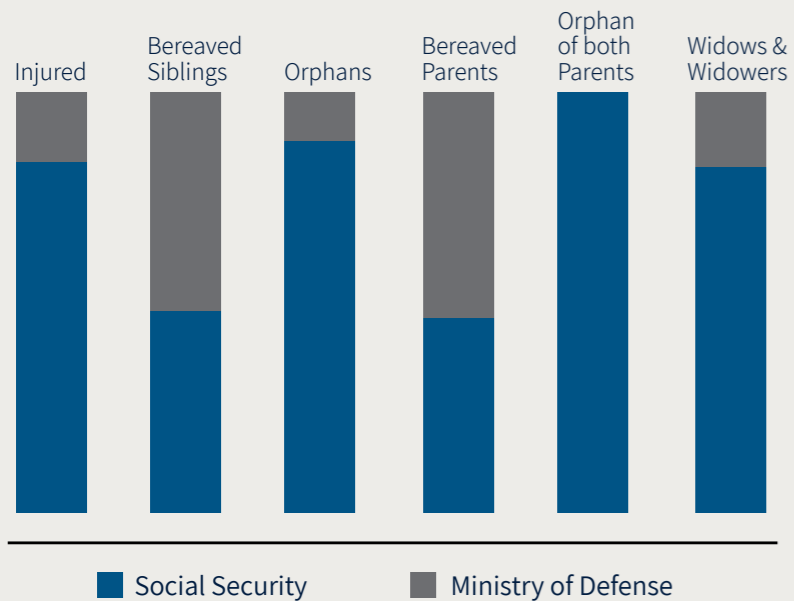


OneFamily Participants

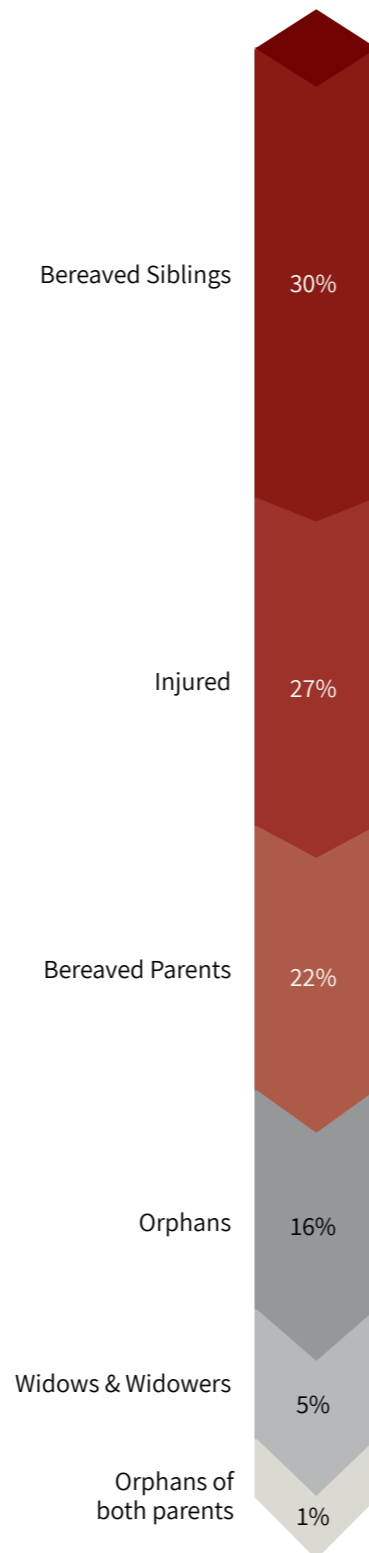


OneFamily Supports Families of Terror Victims and Soldiers:

Social Security / Ministry of Defense



The Numbers Behind the Faces..



Bereaved Parents



1845

Widows & Widowers



444

Bereaved Siblings



2596

Orphans



1382

Orphan of both Parents



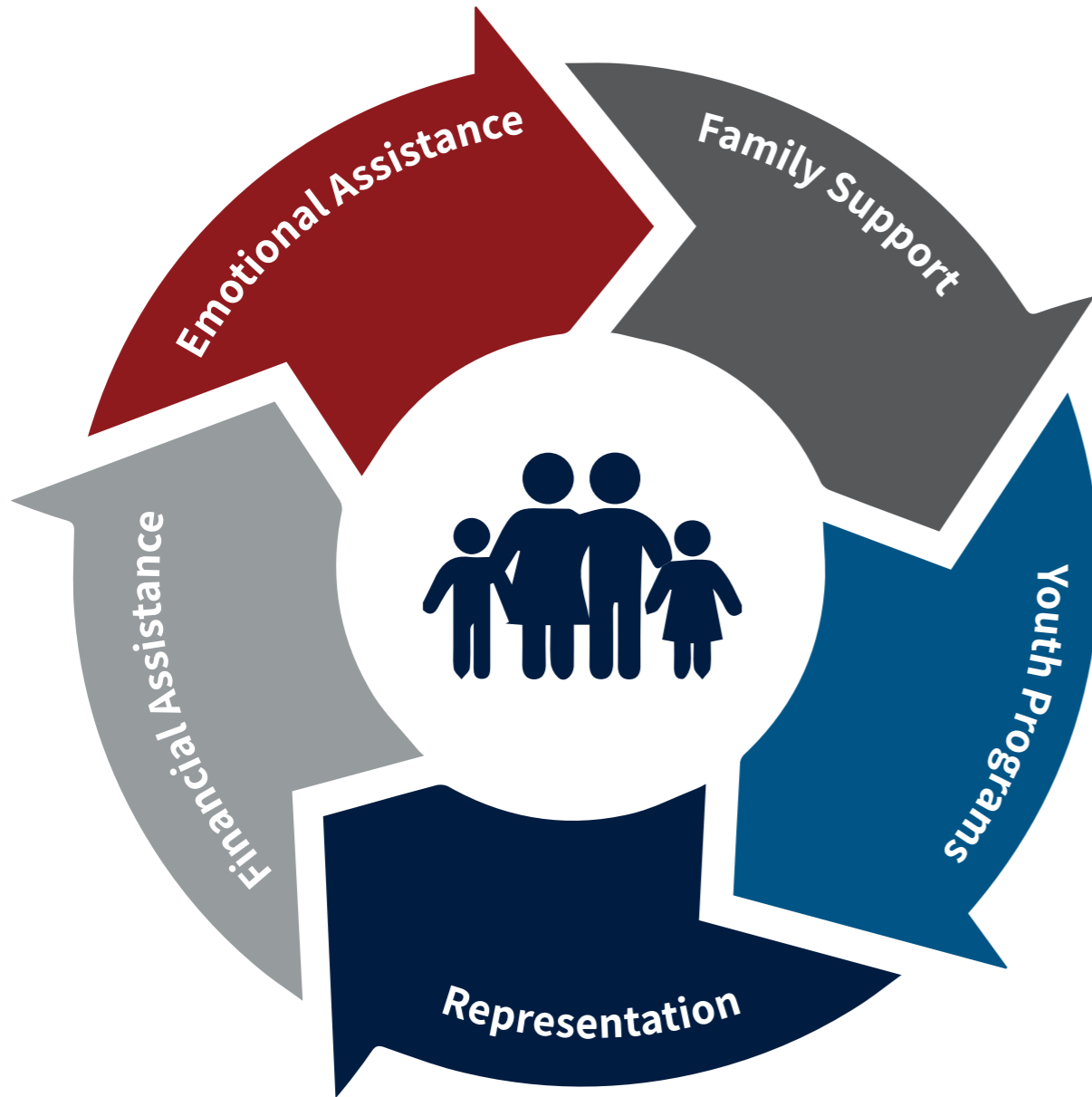
68

Injured



2405

The OneFamily Circle of Support



**Doing everything we can
for our Family - Terror Victims!**

How Do We Do It?

Staff



33

Volunteers



242

S.M.E.'s *



317

* Subject Matter Experts

Three Centers:



Jerusalem Headquarters



Central District - Raanana



Northern District-Hadera

OneFamily's World

Orphans

Orphan of both Parents

Bereaved Parents

Widows & Widower

Bereaved Siblings

Injured

Family Support

Emotional Support

Youth Programs

Social Workers

Legal and Public Representation

Weekly Classes

Professional Psychological Support

Memorial Day Event

Educational Lectures & Seminars

Youngest Youth Division 7-18

Senior Youth Division 18-24

Young Adults Division 24-35

Intake, Assessment, problem solving

Financial Assistance

Yoga

Monthly Support Group Meetings

Therapeutic Retreats

Support Groups

Boys Girls Co-Ed

Therapeutic Retreats

Therapeutic Retreats

Individual support

Adopt A Family

Dance

Holistic Therapies & Workshops

Play Therapy

Injured

Weekly Phone Calls

Monthly Meetings

Monthly Meetings

House Calls

Holiday Food Vouchers

Art

Photography

Cooking Workshops

Bereaved Fathers Choir

Therapeutic Camps and Retreats

Phone calls

Phone Calls

Phone Calls

Educational Scholarships

Painting

Psychodrama

Music Workshops

Bereaved Mothers

Monthly Meetings

Support on Memorial Days

Support on Memorial Days

Couples and Family Therapy

Rental Assistance

Ceramics

Sand Therapy

Public Speaking Workshops

Widows

Big Brother Big Sister Program

Individual support

Individual Support

Individual support on memorial day

Medical Assistance

Creative Writing

Hydrotherapy

Alternative Treatments

Orphans of Both Parents

Weekends

Support on Memorial Days

Support on Memorial Days

Family Celebration Assistance

Pilates

Guided Imagery

Osteopathy

PTSD

Support on Memorial Days

Individual support

Individual Support

Bar Mitzvah Twinning's

Weddings

Computers

Coaching

Alternative Treatments

Motherless Daughters

Support on Memorial Days

Individual support

Individual Support

Knitting

Manicures

Osteopathy

Bereaved Parents

Support on Memorial Days

Individual support

Individual Support

Bereaved Sisters

Birthday Support

Individual support

Individual Support

Job Retraining



Workshops and Seminars



Financial and Occupational Assistance



Therapeutic Retreats



Youth & Young Adult Divisions and Camps



Public Representation



Memorial Days



Legal Aid



Support Groups



Personal Guidance



Professional Psychological Support

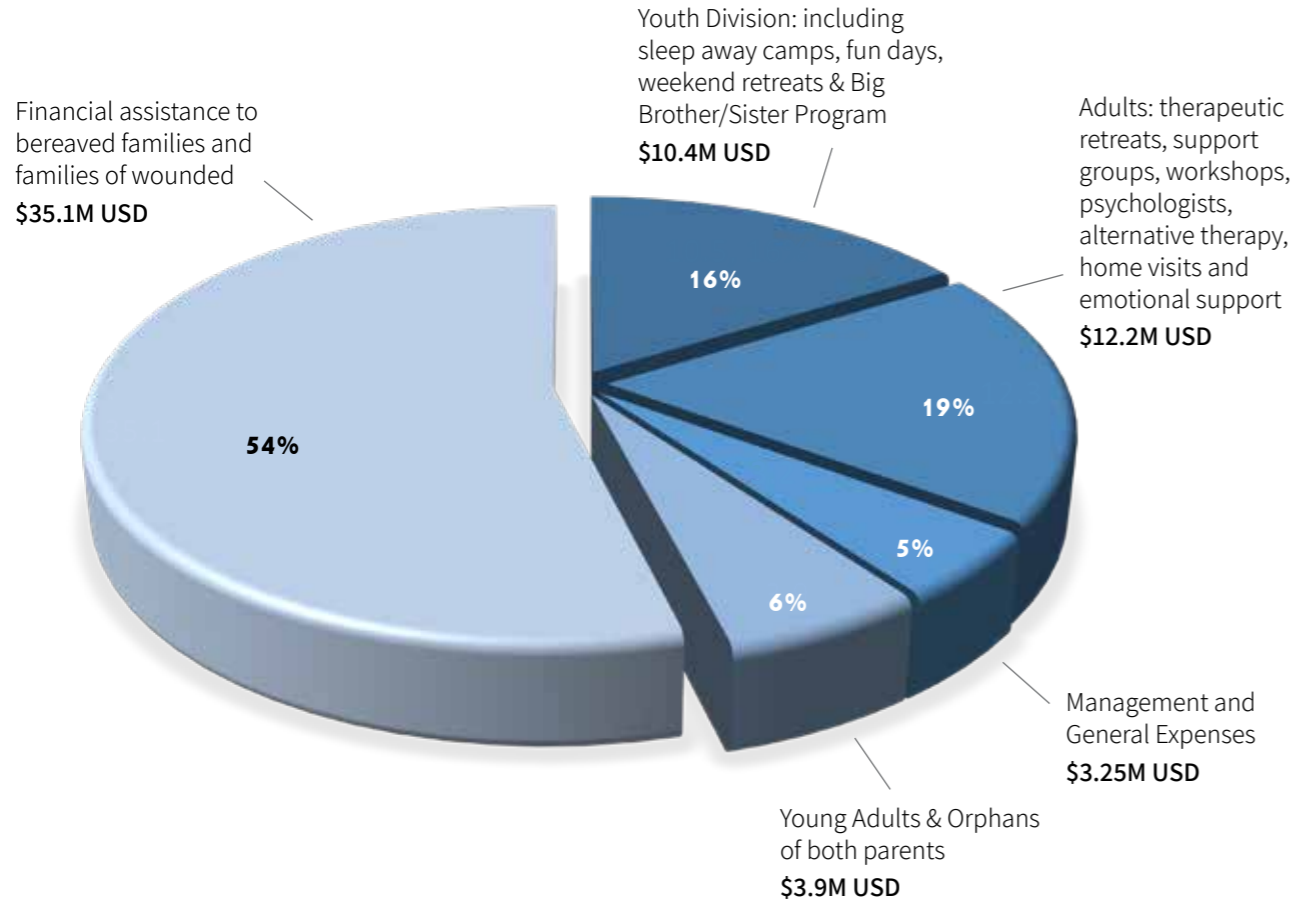


Family Support

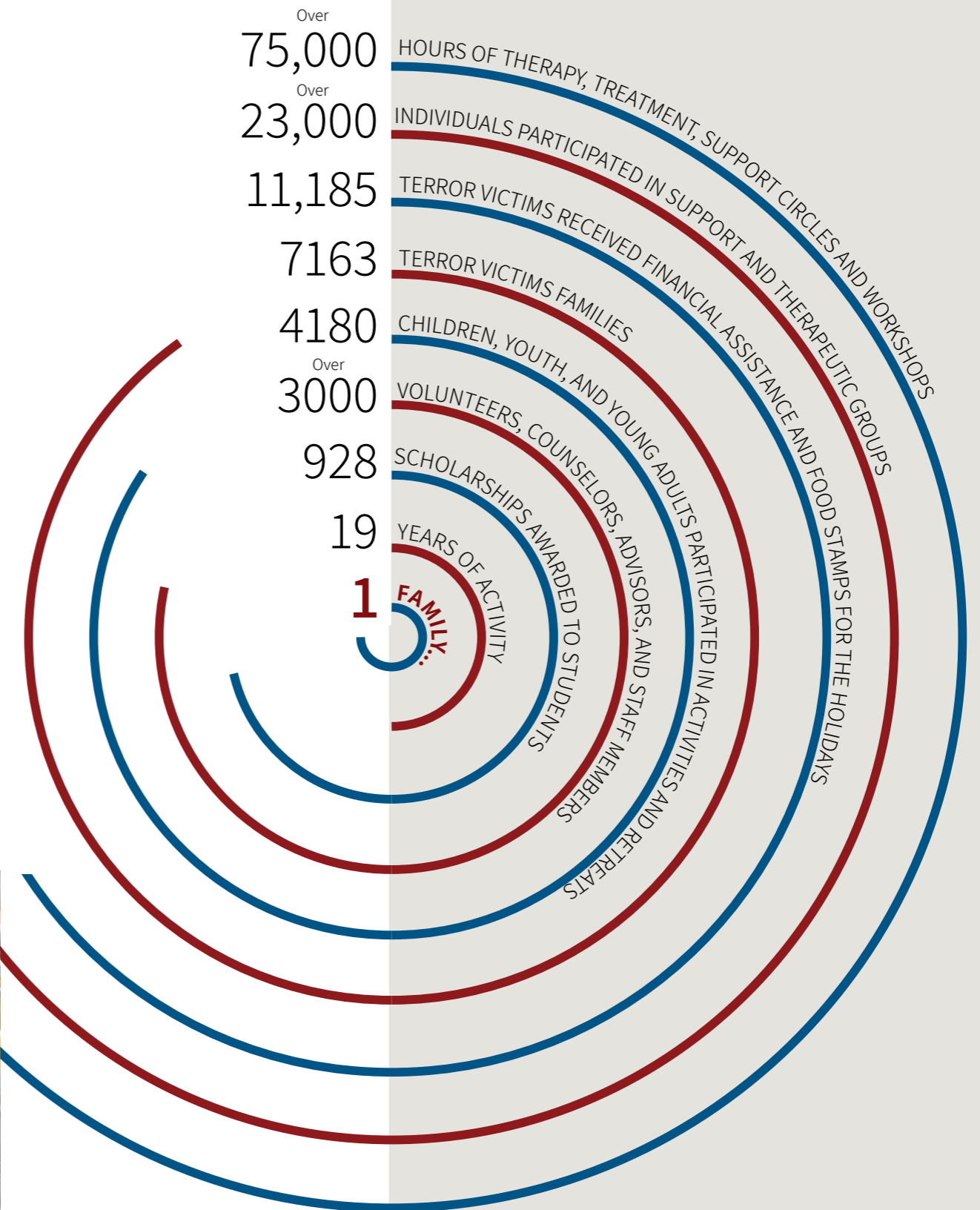


Support Centers

OneFamily Allocation of \$65M USD during the last 19 years

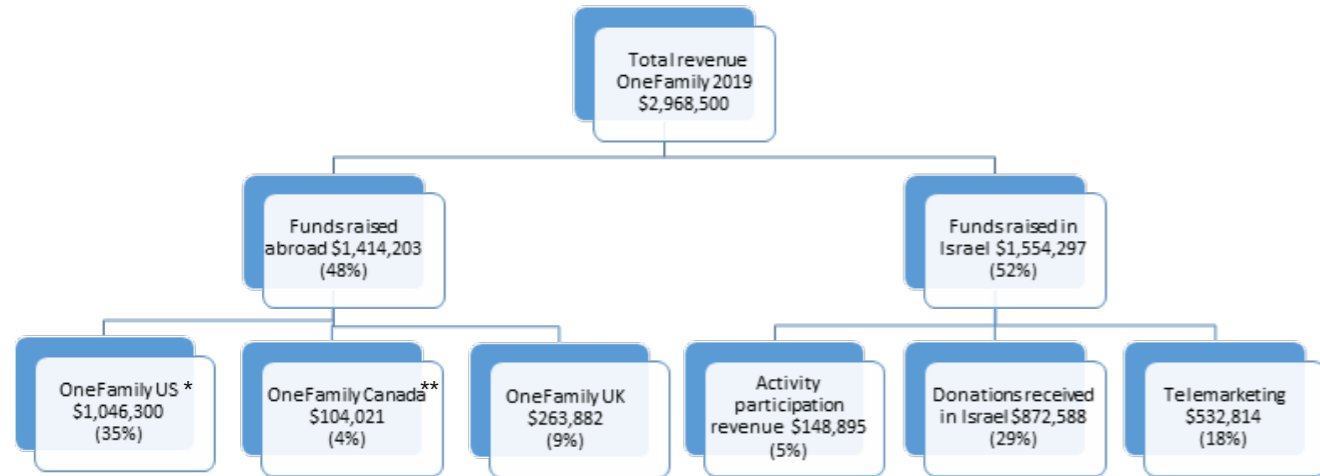


OneFamily's Reach



Source of Funds - 2019

\$2,968,500



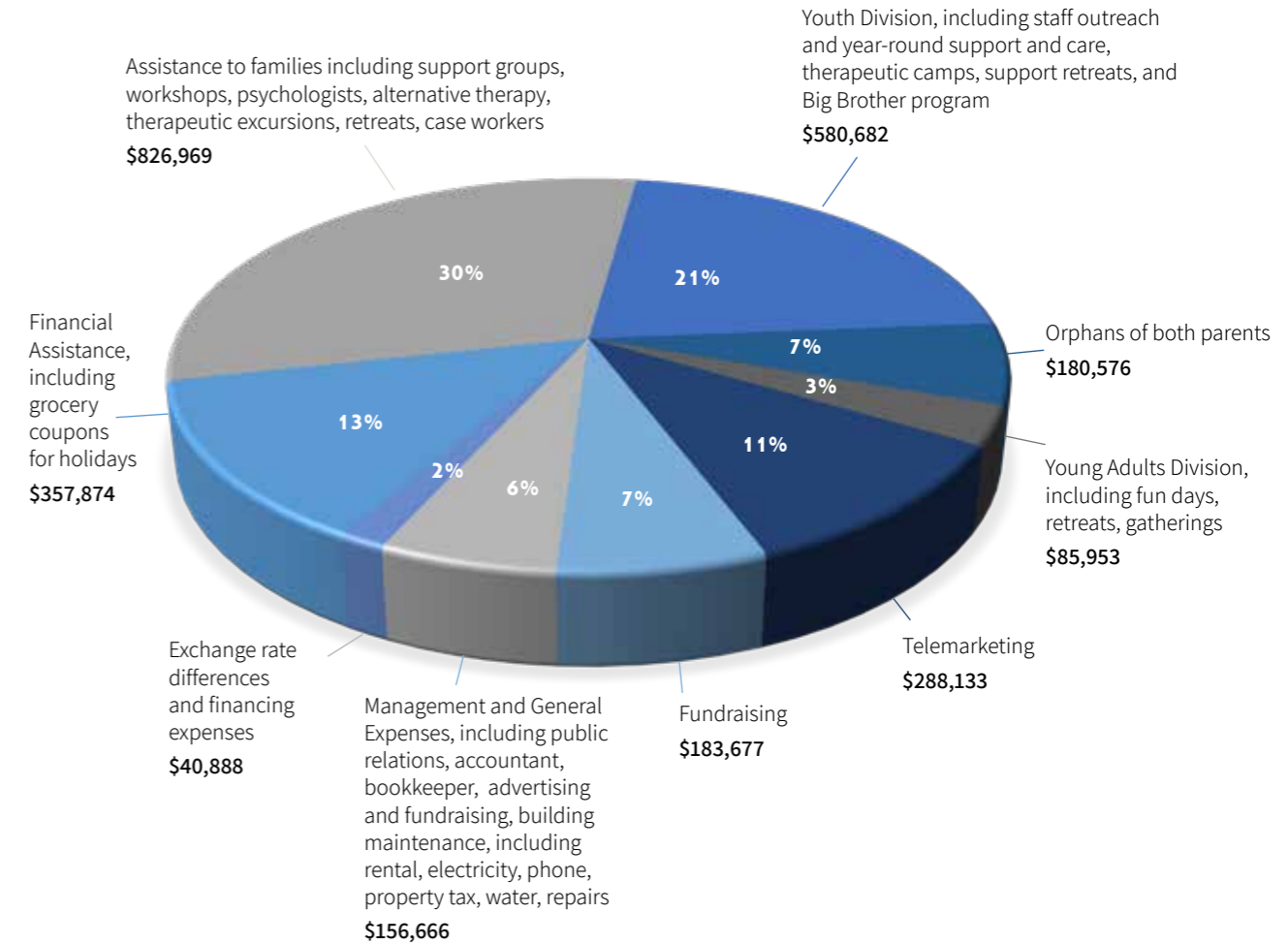
* Includes Bar and Bat Mitzvah Twinning, Adopt a Family, Weddings and Tuition Assistance.

** Note that Canadian 2019 contributions further include OneFamily Bereaved Youth Programming that takes place in Canada (at Camp Timberlane). Canadian 2019 contributions to OneFamily total \$ 366,865 US



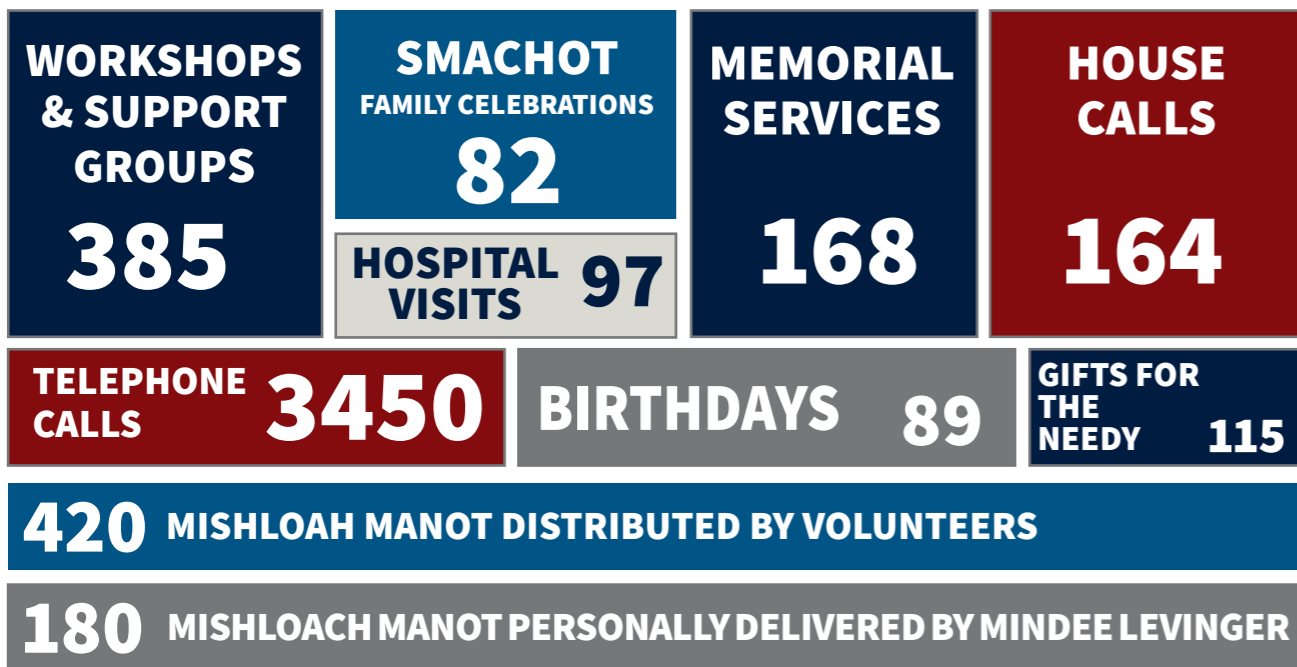
Allocation of Funds - 2019

\$2,701,418



OneFamily - JERUSALEM DISTRICT

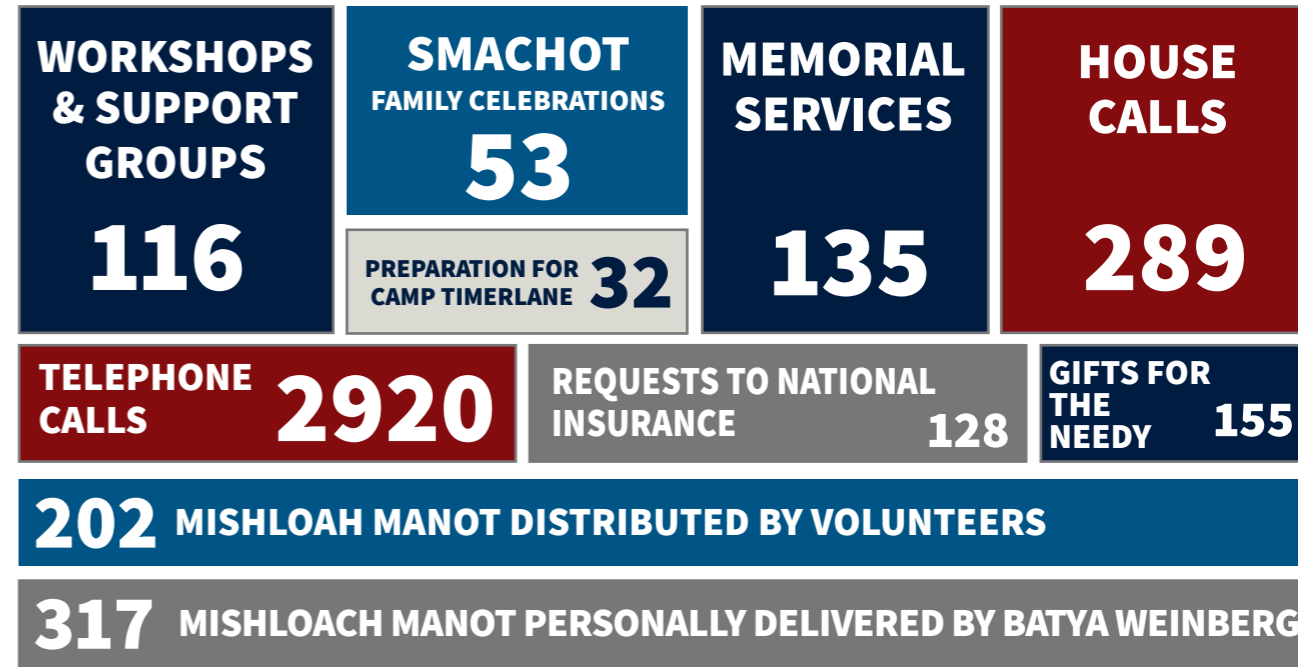
JANUARY-DECEMBER 2019



MODIIN, MEVO HORON, REHOVOT, LOD, MEVASSERET ZION, KASTEL, RAMOT, GIVAT ZEEV, PISGAT ZEEV, NEVE ILAN, EIN HEMED, GIVAT YEARIM, TELS STONE, GIVAT SHAUL, KIRYAT MOSHE, ROMEMA, FRENCH HILL, RAMAT ESHKOL, NEVE YAAKOV, GIVAT MORDECHAI, ARMON HANATSIV, ARNONA, CENTRAL JERUSALEM DISTRICT, KATAMON, REHAVIA, KIRYAT YOVEL, IR GANIM, KIRYAT MENAHEM, GIVAT MESUA, HAR SHLOMO, RAMAT SHLOMO, GIVON, ELI, OFRA, KEIDAR, SHILO, ITAMAR, YITZHAR, BEIT EL, KOCHAV YAAKOV, TEL ZION, KOCHAV HASHAHER, TEKOA, GUSH ETZION, KIRYAT ARBA, EFRAT, HAR BINYAMIN, TALPIOT

OneFamily - NORTHERN DISTRICT

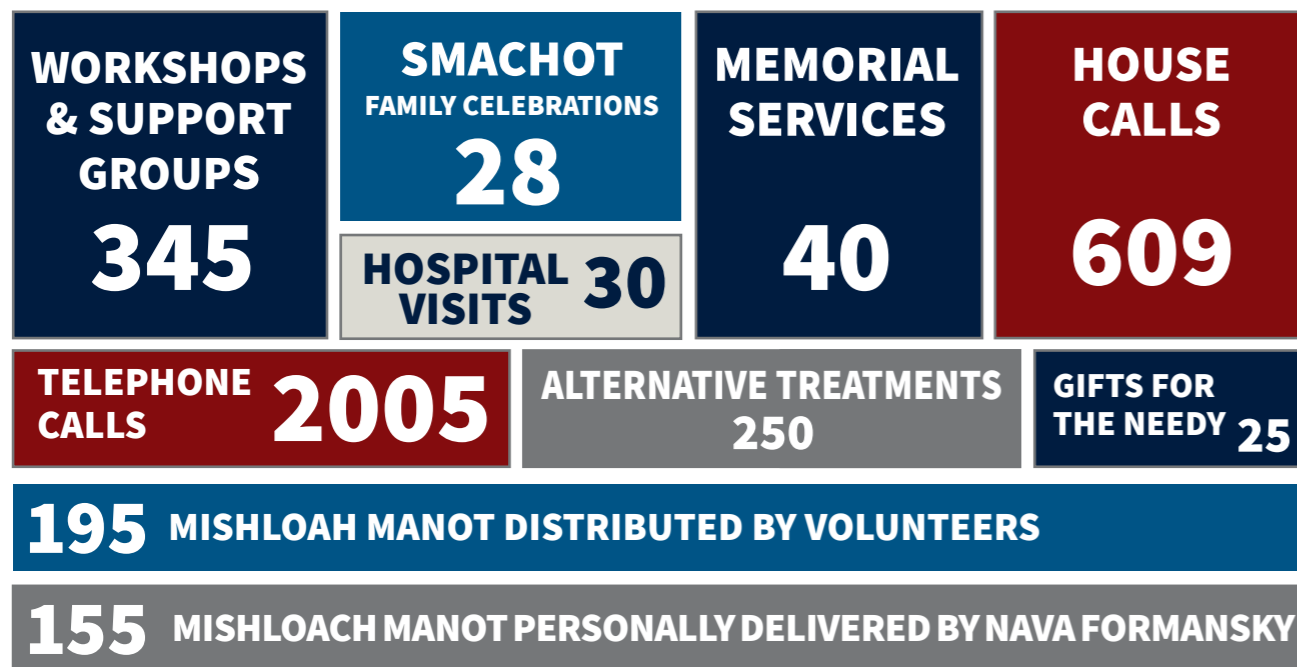
JANUARY-DECEMBER 2019



OR AKIVA, AHUZAT BARAK, AHITOV, ALONEI HABASHAN, ELICHIN, ELIKIM, BEIT YEHOASHUA, BEIT SHEAN, GIVAT ADA,GINOSSAR, GAN NER, GAN YASHIA, ZICHRON YAAKOV, HADERA, HORFESH, HAIFA, HARBLAT, HERUT, HERMESH,TIBERIAS, TIRAT HACARMEL, YAVNIEL, YAD HANA, YUVALIM, YOKNEAM ELITE, MENAHEMYA, CAMUN, K FAR BLUM,KFAR VRADIM, K FAR HASSIDIM, K FAR MONASH, K FAR PINES, K FAR TAVOR, KARKUR,CARMIEL, AVIEL, NAHARIYA, BETSET,MOLEDET, MISHMAR HAYARDEN, RAKEFET, MIRHAVIA, MAAYAN BARUCH, MITSPE AVIV, HOSHAYA, MITSPE ADI, MIAMI, MIRON, NOV, NIR ETZION, NAZARETH ELITE, NEHAIYA, OFER, EIN HASHOFET, AKKO, AFULA, ATZMON, ATLIT,PORIYA ELITE, PARDES HANNA, PARDESSIYA, SAFED, KORNIT, ASHDOT YAAKOV, GAZIT, GESHER, DEGANIYA ALEPH,HAMA'APIL, TIRAT ZVI, MEGIDDO, MA'AGAN MICHAEL, NASHOLIM, EVRON, CEASAREA, KIRYAT ATA, KIRYAT HAIM,KIRYAT TIVON, KIRYAT YAM, KIRYAT MOTSKIN, KIRYAT SHMONA, KESHET, ROSH PINA, REKHSIM, RESHAFIM, SDEVITZHAK, SDE TRUMOT, SHEDMOT DVORA, KARNEI SHOMRON

OneFamily - CENTER DISTRICT

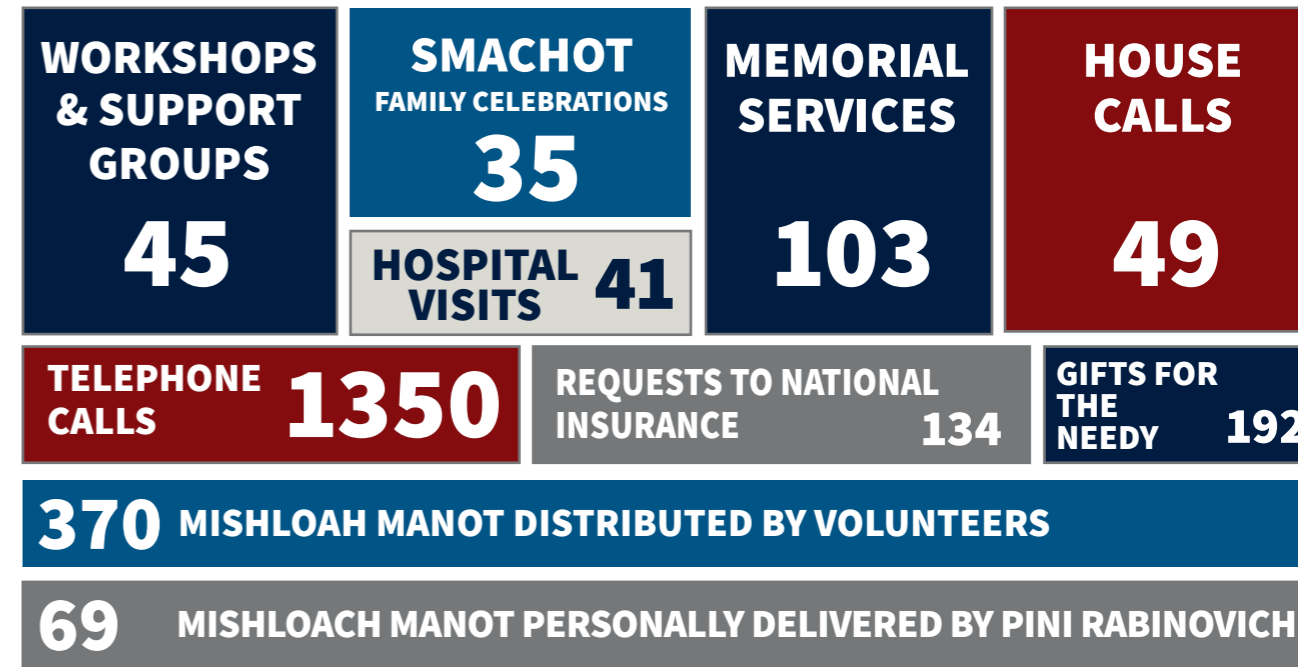
JANUARY-DECEMBER 2019



ARIEL, BAT YAM, BEIT DAGAN, BNEI BRAK, ELAD, ELKANA, GANEI TIKVAH, GANEI YEHUDAH, GIMZO, GINOT SHOMRON, GIVAT SHMUEL, GIVATAYIM, HALAMISH, HAVAT GILAD, HERTZILIYA, HOD HASHARON, HOLON, KARNEI SHOMRON, KEDUMIM, K FAR AZAR, K FAR HESS, K FAR SABA, K FAR YONA, KOCHAV YAIR, KIBUTZ EINAT, KIRYAT EFAL, LOD, MODIIN ILIT, NACHALIM, OR YEHUDAH, PETACH TIKVA, RAANANA, RAMAT HASHARON, YAKIR, SAVION, TAPUACH, TEL AVIV, TZUR YITZCHAK, SAVION, SHAVI SHOMRON, YAFO, YAKIR, YEHUD

OneFamily - SOUTHERN DISTRICT

JANUARY-DECEMBER 2019



EFRAT, GUSH ETZION - ALON SHVUT, KARMEI TZUR, NEVE DANIEL, K FAR ETZION, AHSODD, ASHKELON, BEERSHEBA,BE'ER GANIM, BEITAR ELITE,GAN YAVNE, DIMONA, LOD, MOSHAV NEVATIM, NITSAN, NES ZIONA, NETIVOT, NIRIM, URIM, K FAR AZA, SA'AD, YAD MORDECHAI, KIRYAT GAT, KIRYAT MALAHI, RAMLE, SDEROT, OTNIEL, REHOVOT, YERUHAM, MOSHAV YINON

Retreats 2019

1. Three Days Senior Youth Division, North
2. Three Days Young Adults, North
3. Overnight Young Adults, North
4. Overnight Senior Youth Division, Desert
5. Overnight Co-Ed Youth Division, Jerusalem
6. Overnight Senior Youth Division, Beach
7. Six Days Youth Division, Summer Camp
8. Three Days Senior Youth Division, North
9. Three Days Orphans and Widows, North
10. Nine Days Orphans of Both Parents, Slovakia
11. Five Days Bereaved and Injured, Cross Israel Hike
12. Overnight Orphans of Both Parents, Dead Sea
13. Two Days Youth Division, Eilat

Events Schedule

January 2019

| Date | Participants | Activity |
|------------|--|---|
| 03-01-2019 | Injured Victims | Meeting in Tel- Aviv topic of "What's happening with me?" |
| 07-01-2019 | Injured Children and Children of Injured Victims | Flower Making Workshop |
| 13-01-19 | Bereaved Parents | Monthly support group Hadera – Creative Thinking |
| 13-01-19 | Widows | Monthly Support Group Raanana |
| 14-01-2019 | Bereaved Parents | Photography Workshop Karmiel Support Group |
| 22-01-2019 | Bereaved Mothers | Tu Bishvat Breakfast and Workshop in Jerusalem |
| 25-01-2019 | Bereaved Parents | Monthly Support Group – Raanana |
| 27-01-2019 | Injured Victims "Darom Adom" | Netivot Flowers Design |
| 27-01-2019 | Injured Victims | Art Workshop –Tel-Aviv |
| 30-01-2019 | Injured Victims and Bereaved Parents | Monthly Support Group Rechovot – "A Night full of Song" |
| 30-01-2019 | Injured Victims and Bereaved Parents | Body, Mind and Soul – Hamei Ga'ash |

February 2019

| Date | Participants | Activity |
|----------------------------|---|--|
| 05-02-2019 | Young Adults | Rosh Chodesh Event – Stand-up Comedy Workshop |
| 05-02-2019 | Widows | Movie Night –Three Identical Strangers – Raanana |
| 06-02-2019 | Bereaved Parents | Photography Workshop – Karmiel Support Group |
| 06-02-2019 | Injured Victims | Rehabilitation Day at Tel Hashomer |
| 06-02-2019 | Bereaved Mothers | Workshop on Happiness at Jerusalem Center |
| 10-02-2019 | Injured Victims | Sderot Group Meeting |
| 11-02-2019 | Bereaved Parents | Photography Workshop – Karmiel Support Group |
| 12-02-2019 | Bereaved Parents | Monthly Support Group –Eilat |
| 12-02-2019 | Bereaved Parents | Monthly Support Group - Haifa |
| 13-02-2019 | Injured Victims | Art Therapy workshop- Ashkelon support group – |
| 14-02-2019 | Bereaved Mothers | Drawing Workshop - Ashkelon Mothers |
| 18-02-2019 | Bereaved Parents | Photography Workshop – Karmiel Support Group |
| 19-02-2019 | Open to all | OF Co. sponsors event in memory of Ori Ansbacher z"l – Jerusalem |
| 20-02-2019 | Young Widows | Monthly Support Group – Jerusalem |
| 23-02-2019 | Bereaved Parents | Monthly Support Group – Raanana |
| 25-02-2019 | Bereaved Parents | Photography Workshop – Karmiel Support Group |
| 26-02-2019 | Injured Victims (Ashkelon and Sderot Group) | Therapeutic Day at the Dead Sea |
| February 28 –March 3, 2019 | Senior Youth Division | Winter Retreat - South |
| February 28 –March 3, 2019 | Young Adult Division | Winter Retreat - North |

March 2019

| Date | Participants | Activity |
|--------------------|------------------------------|--|
| 03-03-2019 | Bereaved Parents | Photography Workshop – Karmiel Support Group |
| 04-03-2019 | Bereaved Mothers | Cooking Workshop in Jerusalem Center |
| 06-03-2019 | Bereaved Parents | Rosh Chodesh Event – Rechovot Group |
| 07-03-2019 | Supporters | OneFamily Presents at Music Academy |
| 07-03-2019 | Children of Injured Victims | Purim Carnival and Dress up Party –Jerusalem Center |
| 10-03-2019 | Widows | Singing Workshop in Kfar Saba |
| 11-03-2019 | Volunteers | Packing 3,000 Mishloach Manot |
| 14-03-2019 | Team OneFamily | Pre -Marathon Pasta Party for Team OneFamily |
| 15-03-2019 | Team OneFamily | 400 Runners in Jerusalem Marathon includes 150 from Youth Division |
| 19-02-2019 | Supporters | Cheryl Mandel speaks on behalf of OneFamily at Ulpana Neve Chana |
| 19-03-2019 | Bereaved Parents | Monthly support group Hadera – Family Communication |
| 19-03-2019 | Mercaz Center | Purim Party |
| 21-03-2019 | Volunteers & Staff | Delivering 3,000 Mishloach Manot throughout the Country |
| 23-03-2019 | Bereaved Parents | Monthly support group – Raanana |
| 24-03-2019 | Injured Victims “Darom Adom” | Monthly Meeting, Beer Sheva |
| March 24- 26, 2019 | AIPAC | OneFamily presents and is featured at AIPAC, Washington DC. USA |
| March 27 -28, 2019 | Young Adults | Retreat Young Adults |
| 27-03-2019 | Injured Victims | Injured Victims at Habima |

April 2019

| Date | Participants | Activity |
|--------------------|------------------------------------|--|
| 01-04-2019 | Bereaved Parents | Photography Workshop-Karmiel Support group |
| 07-04-2019 | Bereaved Parents | Photography Workshop-Karmiel Support group |
| 14-04-2019 | OneFamily Staff | Staff Outing and Professional Development |
| 16-04-2019 | Mercaz Center | Mock Seder with Rabbi Kobi |
| 19-04-2019 | Senior Youth Division | Senior Youth Division Meeting |
| April 16- 22, 2019 | North | Giving out food vouchers to needy families |
| April 25-26, 2019 | Senior Youth Division | Night hike and camping in the desert. |
| 28-04-2019 | Children Attending Camp Timberlane | Camp Timberlane Meet-up |
| 29-04-2019 | Injured Soldiers | Show at the Opera House in Tel-Aviv |
| 30-04-2019 | Bereaved Parents | Monthly support group meeting Rechovot |



Yom Hazikaron Memorial service

May 2019

| Date | Participants | Activity |
|------------------|---|---|
| 01-05-2019 | Youth Division Counselors | Training Day ahead of Yom Hazikaron |
| 01-05-2019 | Injured Victims | Beer Sheva group meets in honor of Holocaust Memorial Day |
| 01-05-2019 | Bereaved Couples, Injured and Widows | Lecture on Holocaust Memorial Day at Jerusalem Center |
| May 5-6, 2019 | Co-Ed Youth Division | Shabbat for Co-Ed Youth Division |
| 05-05-2019 | Open to all | Soccer Tournament for Oron Shaul z'l |
| May 5-6, 2019 | Country Wide Cemeteries | Placing Candles & Note on Graves of Victims and Fallen Soldiers in honor of Remembrance Day |
| 07-05-2019 | Open to all members of One-Family & Guests | Annual OneFamily Remembrance Day Ceremony - Jerusalem Headquarters |
| 11-05-2019 | Bereaved Mothers | Dinner and a Lecture on Health and Cosmetics in Jerusalem Center |
| 13-05-2019 | Bereaved Parents | Photography Workshop-Karmiel Support group - |
| 14-05-2019 | Raannana Center | Night of Song |
| 15-05-2019 | Bereaved Parents | Meetup in Ramat Aviv |
| 16-05-2019 | Youth Division – Past Participants of Camp Timberlane | Camp Timberlane Reunion |
| 21-05-2019 | Raannana Center | Lag Baomer Event |
| 21-05-2019 | Bereaved Parents | Rehovot Group - Dealing with loss and bereavement |
| 22-05-2019 | Young Adult Division | Young Adult Lag Bamoer Gathering |
| May 22-23, 2019 | Bereaved Siblings Eyal Ben Melech | Retreat “In the Path of the Brothers” |
| 27-05-2019 | Bereaved Mothers | Zumba Night- Hadera |
| 27-05-2019 | Injured Victims “Darom Adom” | Monthly Meeting, Kiryat Gat |
| 29-05-2019 | Bereaved Parents and Widows | Day Outing-Jerusalem Day |
| May 30- 31, 2019 | Senior Youth Division | Camping on the Beach |

June 2019

| Date | Participants | Activity |
|------------|------------------------------------|--|
| 02-06-2019 | Injured Victims | Monthly Support Group -Sderot Group Therapeutic Workshop |
| 04-06-2019 | Bereaved Parents | Music Workshop and Cheese Tasting – Jerusalem Center |
| 04-06-2019 | Mercaz Centers | Festive Feast in Honor of Shavuot with Rabbi Pasal |
| 05-06-2019 | Injured Women and Bereaved Mothers | Flower Making and Cooking Workshop in Jerusalem Center |
| 10-06-2019 | Youth Division | Big Brother / Sister Event |
| 12-06-2019 | Injured Soldiers | Night at the Habima Theater |
| 15-06-2019 | Bereaved Parents | Lecture by Kobi Finkler “ I am Yerushalmi” –Jerusalem Center |
| 16-06-2019 | Youth Division | Counsellor Training in preparation for Summer Camp |
| 16-06-2019 | Orphans Division | Wedding of Avigdor Gavish and Ayelet Dickstein |
| 19-06-2019 | Widows | Art Workshop – Jerusalem Center |
| 23-06-2019 | Youth Division | Camp Timberlane Orientation Night |
| 25-06-2019 | Bereaved Parents | Monthly support group Rechovot – Avner Choresh on Jerusaem Day |
| 25-06-2019 | Bereaved Parents | Monthly support group Hadera – Charlie Chaplan |
| 26-06-2019 | Orphans Division | Special Evening for Orphans |

Big Brother / Sister Event



July 2019

| Date | Participants | Activity |
|------------------|--|--|
| July 1- 7, 2019 | Youth Division | Sleep Away Camp |
| 03-07-2019 | Children of Injured Victims | Summer Carnival |
| July 5-7, 2019 | Senior Youth Division | Summer Retreat |
| 07-07-2019 | Injured Children and Children of Injured Victims | Flower Making Workshop – Jerusalem Center |
| 07-07-2019 | Supporters, Youth Division, Senior Youth Division | Gala Night at Camp |
| 14-07-2019 | Bereaved Parents | Monthly Support Group Rechovot - Sara Blau, writer |
| 15-07-2019 | Widows | Meeting for Widows – Jerusalem Center |
| 16-07-2019 | Bereaved Parents | Monthly Support Group-Haifa |
| 16-07-2019 | Open to all | Dudu Aaron Concert |
| 17-07-2019 | Bereaved Parents | Drum Workshop –Jerusalem Center |
| 23-07-2019 | Youth Division | Camp Timberlane Departure |
| 23-07-2019 | Injured Soldiers | Theater Night –Habima |
| July 25-28, 2019 | Widows and Orphans | Widows and Orphans Retreat |
| 28-07-2019 | 800 Masa Participants, Widows, Orphans, Bereaved Parents, Youth Division | OneFamily OneWalk Neot Kedumim |
| 28-07-2019 | Injured and bereaved children Jerusalem | Yonatan Adler Day Camp Jerusalem Center |



OneWalk Neot Kedumim, 800 Masa Participants, Widows, Orphans, Bereaved Parents, Youth Division

August 2019

| Date | Participants | Activity |
|---------------------|---|--|
| 01-08-2019 | Youth Division | Biblical Zoo Outing and Handing out Backpacks to 1 st graders –Jerusalem Center |
| 04-08-2019 | Bereaved Mothers and Widows | Yemima Mizrahi Lecture-Jerusalem |
| 04-08-2019 | Volunteers and bereaved mothers | Momentum Group visits and cooks with Bereaved mothers –Jerusalem Center |
| 06-08-2019 | Mercaz Center | Attend Sivan Rahav Meir Lecture |
| 12-08-2019 | Injured Soldiers | Rehabilitation Day at Tel Hashomer |
| 20-08-2019 | Bereaved Families | Hanan Ben Ari Concert |
| 20-08-2019 | Bereaved and Injured Families /South | Yamit 2000 |
| August 20- 27, 2019 | Orphans of Both Parents | Nine Day Retreat to Slovakia |
| 22-08-2019 | Bereaved Parents and Injured Victims | Music Workshop –Raanana |
| 27-08-2019 | Injured Victims, Bereaved Parents, Widows | Workshop on Happiness in Jerusalem Center |



Widows and Orphans Retreat

September 2019

| Date | Participants | Activity |
|-----------------------|--|---|
| 01-09-2019 | Bereaved Parents | Monthly Support Group Rechovot - Avi Ernreich |
| 02-09-2019 | Injured Victims, Bereaved Women, Widows | Spa Day at Jerusalem Center |
| 03-09-2019 | Widows | Ruchama Raz Concert – Raanana |
| 04-09-2019 | Bereaved, Injured, Widows, Youth Division, Senior Youth Division | Filming Aluf Ha Olam with Hanana Ben Ari – Jerusalem Studio |
| 08-09-2019 | Bereaved Couples | Lecture on Empowerment and Seeing the positive – Jerusalem Center |
| 08-09-2019 | Injured Victims “Darom Adom” | Monthly Meeting, Gan Yavne Art Workshop |
| 08-09-2019 | Volunteers, OneFamily members, Donors | Crowd Funding Campaign Kickoff event- Jerusalem Crown Plaza hotel |
| 16-09-2019 | Widows | Succot Lecture – Raanana |
| 22-09-2019 | Bereaved Parents | A night of Singing and Melodies with Shai Abramson –Raanana |
| 22-09-2019 | Bereaved Fathers Choir | Slichot Concert |
| September 23-24, 2019 | Volunteers, OneFamily Members, Donors | World Wide Crowd Funding Campaign |
| 24-09-2019 | Bereaved Parents, Injured, Widows | Rosh Chodesh Event with Rabbi Pasal |



OneFamily Crowd Funding Campaign Kickoff event- Jerusalem Crown Plaza hotel

October 2019

| Date | Participants | Activity |
|----------------------|--|---|
| 06-10-2019 | Bereaved Parents and Widows | Slichot Tour |
| 07-10-2019 | Bereaved Couples, Injured Victims, Widows | Slichot Concert at Aish Hatorah |
| 13-10-2019 | Youth Division | Youth Department Succot Activity and BBQ – Jerusalem Center |
| 16-10-2019 | Bereaved Parents, Injured Victims, Widows | Annual Brunch at Yoni Shebtos Sukka in Netanya |
| October 26 -31, 2019 | Bereaved, Injured Victims, Widows, Youth Department, Young Adult Division, Canadian Donors | Cross Israel Hike with Canadian donors and volunteers |
| 30-10-2019 | Volunteers | 20 Volunteers clean and redesign the garden at the Raanana Center |
| 31-10-2019 | Injured Soldiers | Rehabilitation Day Tel Hashomer |



Cross Israel Hike with Canadian donors and volunteers

November 2019

| Date | Participants | Activity |
|------------|---|---|
| 04-11-2019 | OneFamily Staff | Conference on Anti-Semitism at President Rivlin Residence |
| 05-11-2019 | Bereaved, Injured Victims and Widow Women | Ladies Night – Lecture on Beauty and Health –Jerusalem Center |
| 07-11-2019 | Bereaved and Injured Victims | Monthly Support Group - Rechovot, Shani Israeli |
| 10-11-2019 | Volunteers and Bereaved Mothers | Momentum Group visits and cooks with Bereaved mothers –Jerusalem Center |
| 12-11-2019 | Bereaved, Widows, Injured Victims | Challah Bake -Hadera |
| 13-11-2019 | Michal Belzberg | Michal Belzberg Speaks at American Jewish Day School in honor of World Kindness Day |
| 15-11-2019 | Bereaved, Injured Victims, Widows, Volunteers | Challah Bake- Raanana |
| 16-11-2019 | Widows | Night of Song –Raanana |
| 19-11-2019 | Motherless Daughters | Motherless Daughters Group Launch –Jerusalem Center |
| 19-11-2019 | Injured Victims “Darom Adom” | Monthly Meeting, in Ashkelon |
| 24-11-2019 | 18 year old Volunteers and Bereaved mothers | Florida Group Visits and cooks with Bereaved Mothers – Jerusalem Center |
| 25-11-2019 | Bereaved Parents | Public Speaking Workshop –Haifa |
| 26-11-2019 | Bereaved Parents | Italian Cooking Workshop – Hadera |
| 30-11-2019 | Bereaved Parents | Monthly Support Group – Raanana |



Conference on Anti-Semitism



Momentum Group



Cooking Workshop - Hadera

December 2019

| Date | Participants | Activity |
|----------------------|--|---|
| 02-12-2019 | Injured Soldiers | Theater Night |
| 06-12-2019 | Injured Victims | Monthly Support Group - Beer Sheba |
| 08-12-2019 | Injured Victims | Theater Night – Habima |
| 08-12-2019 | Injured Victims “Darom Adom” | Monthly Meeting, in Gan Yavne |
| 10-12-2019 | Youth Division Counsellors | Training Day ahead of Chanukah Camp –Jerusalem Center |
| 12-12-2019 | Bereaved Parents | Public Speaking Workshop –Haifa |
| December 11-12, 2019 | Orphans of Both Parents | Retreat for Orphans of Both Parents at the Dead Sea |
| 15-12-2019 | Bereaved Parents, Injured Parents, Orphans, Widows | Chanukah Lecture by Gershon Bar Kochva at Jerusalem Center |
| 23-12-2019 | Bereaved Families, Injured Victims | Fun Day in the Negev |
| 23-12-2019 | Bereaved, Injured Victims | Chanukah Party -Hadera |
| December 23-25, 2019 | Youth Division, Senior Youth Division | Chanukah Camp –Eilat |
| 24-12-2019 | Bereaved Parents, Injured Victims, Widows | Chanukah Party- Rannana |
| 24-12-2019 | Bereaved Parents, Injured Victims, Widows | Chanukah Party -Haifa |
| 25-12-2019 | Orphans of Both Parents | Chanukah Party at the Belzberg's |
| 26-12-2019 | Young Adults Division | Chanukah Party |
| 28-12-2019 | Bereaved, Injured Victims, Widows, Volunteers | Chanukah Basketball game at Teddy Stadium |
| 29-12-2019 | Bereaved Children | Chanukah Candle Lighting with President Rivlin |
| 29-12-2019 | Volunteers and Youth Division with TVA volunteers | Chanukah party for children between 7- 13 years old – Jerusalem Center. |

What does OneFamily Do for Victims of Terror?





We Go the Distance to Help.

TEAM ONEFAMILY RUNS IN THE JERUSALEM MARATHON, VICTIMS & SUPPORTERS TOGETHER



We Cheer Up the Wounded.

RENOWNED HARVARD PROFESSOR, ALAN DERSHOWITZ VISITS HOSPITALIZED TERROR VICTIM IN SDEROT



We Learn from the Masters.

BASKETBALL CLINIC WITH PRO TAMIR GOODMAN



We Comfort All the Stricken.

VISIT TO BEREAVED DRUZE FAMILIES



We Release the Stress.

**THREE-DAY ONEFAMILY RETREAT
FOR BEREAVED PARENTS**



We Soar With Them
to New Heights
of Self Confidence.

SUPPORT GROUP FOR THE INJURED



We Push for Change.

**RENANA MEIR, ADDRESSING THE UN
AFTER HER MOTHER WAS STABBED TO DEATH**



We Move Them to Dance,
Again.

**MIRIAM PERETZ, TWICE BEREAVED, AND OTHER
BEREAVED MOTHERS, DANCE IN PARIS
AT A ONEFAMILY RETREAT**



We Listen and Give Strength.

SUPPORT GROUP FOR BEREAVED PARENTS



We Hold them Tight.

**MARC BELZBERG, ONEFAMILY'S CHAIRMAN,
WITH BEREAVED CHILDREN**



We Inspire.

**MOTIVATIONAL SPEAKERS ADDRESS
600 BEREAVED & INJURED WOMEN**



We Protect Them.

ONEFAMILY YOUTH ACTIVITY



We Unify.

BEREAVED FAMILIES AT CROSS ISRAEL HIKE



We Elevate Their Spirits.

"HATIKVAH 6" PERFORMS AT ONEFAMILY RETREAT



We Embrace Bereaved Brothers from America.

BROTHERS OF EZRA SCHWARTZ O.B.M. AT ONEFAMILY THERAPEUTIC RETREAT



We Share Their Sorrow.

FAMILIES OF VICTIMS OBSERVE A MOMENT OF SILENCE AT ONEFAMILY'S YOM HAZIKARON CEREMONY





From Individuals, We Make a Team.

ONEFAMILY SOCCER TEAM FOR BEREAVED, WOUNDED, AND TRAUMATIZED MEN



We Celebrate Holidays Together.

TRADITIONAL CANDLE LIGHTING CEREMONY AT THE KNESSET



We Offer a Respite to Communities Under Rocket Fire.

HUNDREDS OF VICTIMS FROM THE SOUTH RELAX AT WATER PARK



We Connect.

YOUNG CAMPERS LEARNING HOW TO EXPRESS THEIR DEEPEST FEELINGS WITH ONE ANOTHER



We Lift Up the Widows and Orphans
and Provide Solid Ground Under Their Feet.

RETREAT FOR WIDOWS AND THEIR CHILDREN



We Ensure They Are Not Forgotten.

**U.S. AMBASSADOR DAVID FRIEDMAN
VISITS ONEFAMILY BOOTH-AIPAC**



We Sing Together to Lean on Each Other.

ONEFAMILY BEREAVED FATHER'S CHOIR



We Send Victims to Canada.

**BEREAVED CHILDREN ATTEND CAMP
TIMBERLANE NEAR TORONTO**



We Provide a Listening Ear

ONEFAMILY'S BIG BROTHER / BIG SISTER PROGRAM



We Help Victims Speak About their Tragedy.

LONG TIME ONEFAMILY MEMBERS SHARE THEIR STORIES WITH NEWCOMERS



We Cook To Remember.

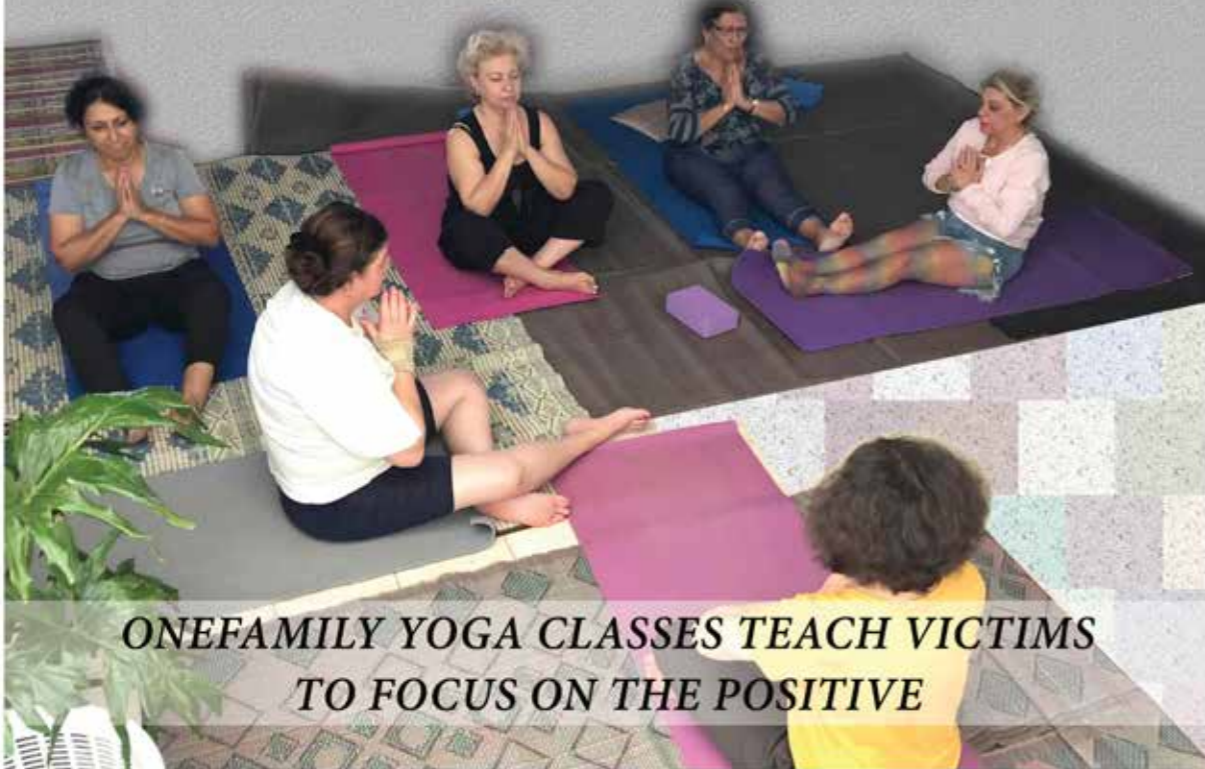
BEREAVED MOTHERS REMAKE SENTIMENTAL FAVORITES AS A THERAPEUTIC EXERCISE



We Provide Psychologists and Social Workers to Support all Emotions.

ONEFAMILY PROVIDES INDIVIDUAL THERAPY SESSIONS

We Practice Flexibility and Strength of Body & Mind.



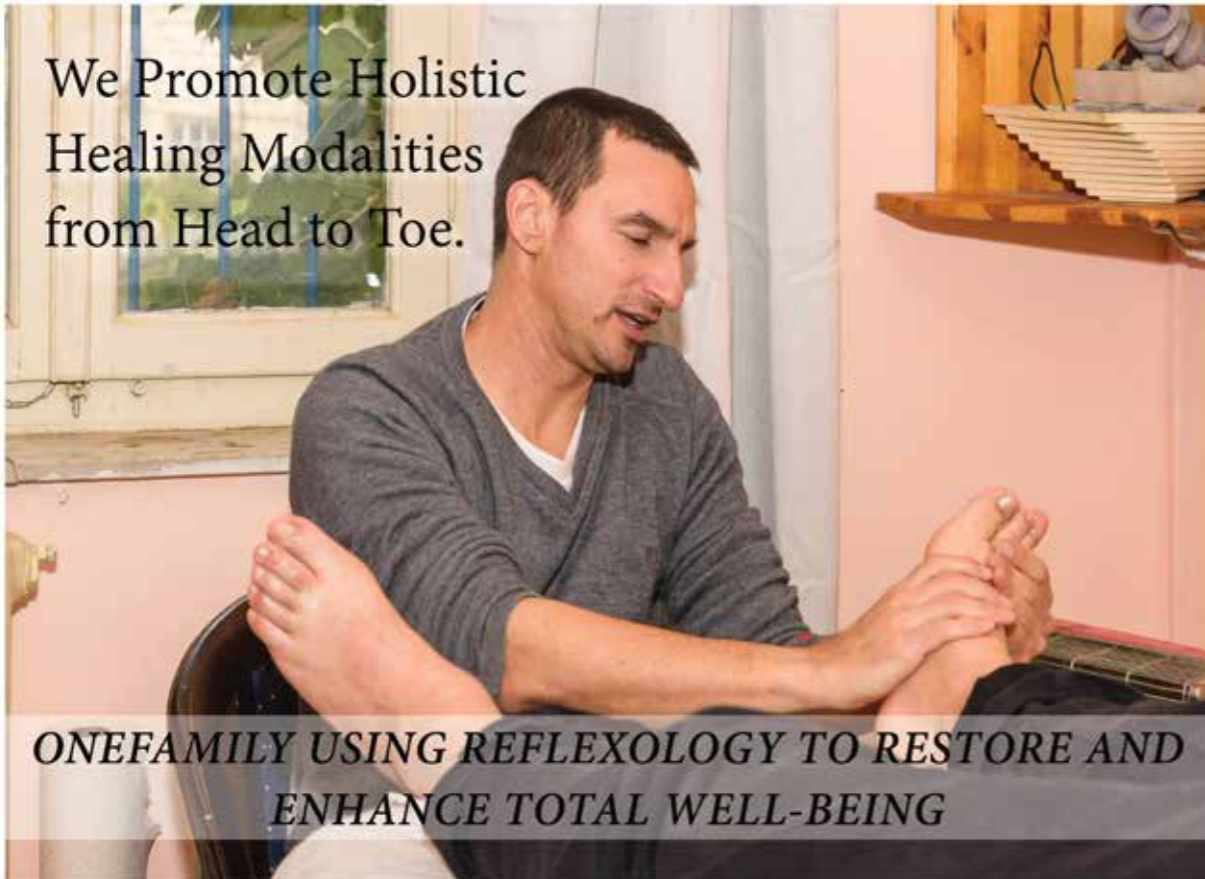
ONEFAMILY YOGA CLASSES TEACH VICTIMS TO FOCUS ON THE POSITIVE

We Educate to Foster Independence and Cultivate Talent.



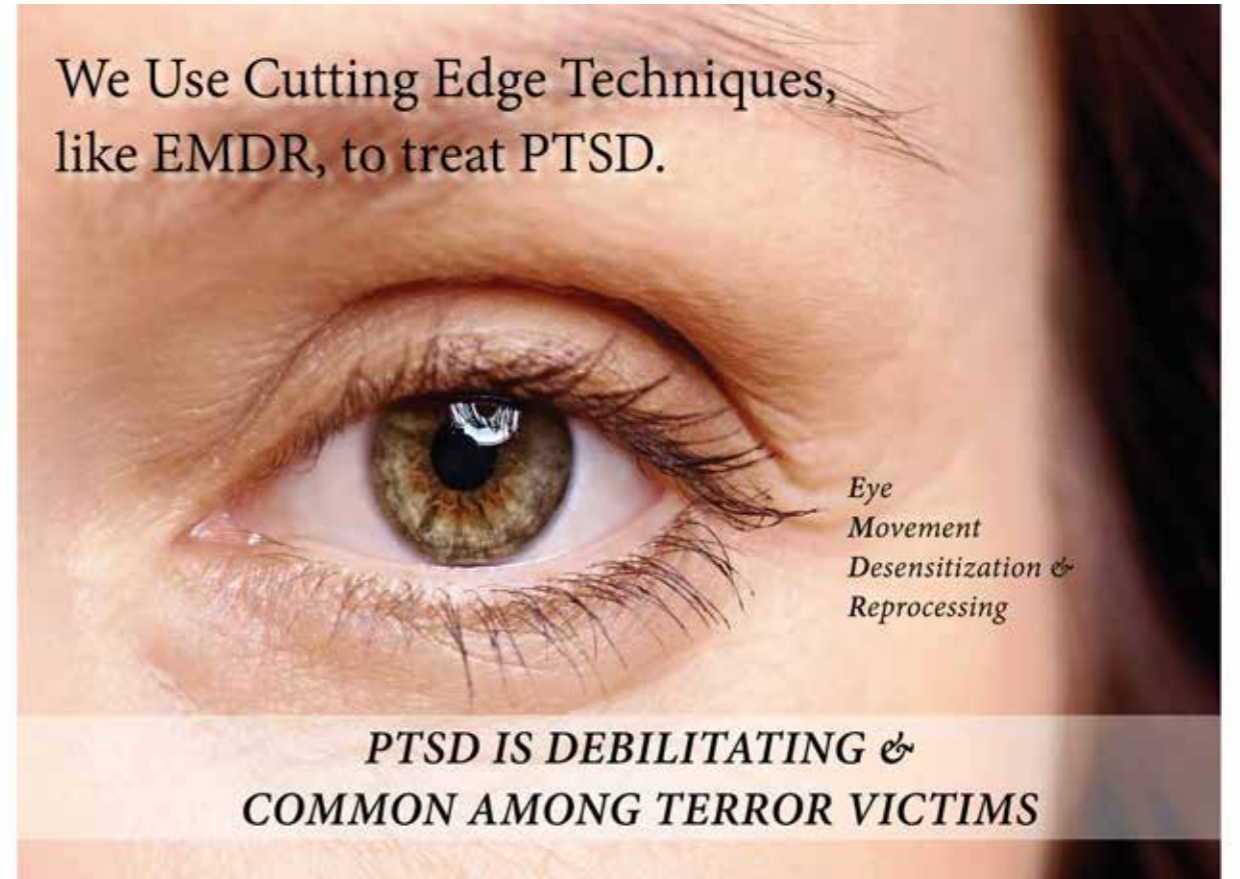
ONEFAMILY EDUCATIONAL SCHOLARSHIPS

We Promote Holistic Healing Modalities from Head to Toe.



ONEFAMILY USING REFLEXOLOGY TO RESTORE AND ENHANCE TOTAL WELL-BEING

We Use Cutting Edge Techniques, like EMDR, to treat PTSD.



*Eye
Movement
Desensitization &
Reprocessing*

PTSD IS DEBILITATING & COMMON AMONG TERROR VICTIMS



We Nurture the Youngest Victims.

ONEFAMILY PLAY THERAPY FOR AGES 5-16



We Support Victims at or Below the Poverty Line.

ONEFAMILY ADOPT - A FAMILY AND FINANCIAL ASSISTANCE PROGRAM



We Bond.

A FRIENDSHIP CIRCLE WHERE CAMPERS FEEL COMFORTABLE SHARING



We Keep Families Together.

A WIDOW AND HER CHILDREN ATTEND A ONEFAMILY EVENT

Thank You Letters

My name is Etti; I am the sister of Eliav Eliyahu Haim Kahlon, who was killed on July 28, 2014 during Operation Protective Edge. I want to share with you my personal experience of a trip OneFamily organized to London for the Young Adult Division.

The trip for me was a profound experience. It was a journey in which I learned new ways to deal with bereavement; a journey that proved to me that though reality cannot be changed, I can learn new ways to cope. I will take the lessons learnt throughout this trip with me as I navigate my painful reality. At the beginning of the trip I experienced a lot of anxiety and had a lot of fears. The first day was especially difficult; many tears, memories, and pain accompanied it. By the second day, thanks to the beautiful surroundings and understanding company, I already felt better. I was able to relax and enjoy.

When the trip came to a close, I felt that the time had passed too quickly. It was truly an amazing opportunity for me. I really appreciate that OneFamily gave me the opportunity to be part of this journey. I came out stronger than I came in and I am grateful for that.

Thank you for thinking about us and giving us the opportunity to get out of our daily routines and enjoy what the world has to offer. Thank you for getting to know us on a deep level and making it possible for us to meet other bereaved siblings, because without OneFamily we would never have met.

Thank you for being the listening ear that knows how to support and encourage us.

Onefamily, you are undoubtedly family for us all, a warm and embracing family that is always with us, in the difficult moments and in the good moments.

There is no one like you in the world!

Etti Dei Kahlon – Bereaved Sister, OneFamily Young Adult Division

Dear Onefamily,

You are the family of unparalleled kindness.

With great excitement and joy I received the beautiful Mishloach Manot in the wonderful and useful container, that came right to my door! As always, OneFamily thought of everything and has the energy to pay careful attention to every last detail, making sure everything goes smoothly. OneFamily is dedicated to bringing immense light and joy into our lives. OneFamily is by our side all year round, through our good times and especially our sad times.

OneFamily is with us on the Jewish holidays when the empty chair at the meal is too stark of a reminder of the one we so wish we could hug. OneFamily invests all of their energy in us, always with patience and love.

With OneFamily, there is always a shoulder to lean on. Everyone there is attentive, accepting and inclusive of all. I am not just saying this, it's the truth.

I wish everyone at OneFamily well. I pray that you should always be amongst the givers and never the other way around.

Much health and happiness. Amen.

Yours Truly, Chana Label



To OneFamily,
A special thank you to all of the precious staff. Together you have the power to help us overcome.
May you all merit many more years filled with only goodness and happiness. We so very much appreciate each and every one of you.

Ilana Shevach

A Story of OneFamily

The State of Israel is an exceptional success story, with the return of the Jewish people to their homeland after thousands of years living in exile. Added to which the country boasts an impressive number of forerunners in numerous sectors: science, technology, medicine, agriculture, security, and more.



In many cases Israel's development came as the result or in response to crises, finding answers to acute problems that required a solution. The most outstanding example of this is security.

Due to the constant threats – from within and outside of its borders – the State of Israel was forced

to establish a strong military that would guarantee its security. Moreover, it is clear to us today, that a vital part of our national security in the Jewish State, is the outstanding resilience and social cohesion in Israeli society.

From the very beginning, Israel's society, Israel's family, has been forced to deal daily with loss and trauma. The ongoing state of war and terror attacks have exacted a heavy price on Israeli society, a very costly price indeed. Soldiers and civilians have lost their lives, many were injured physically and emotionally. Many families have been plunged into bereavement and grief.

This article is dedicated to a touching initiative that occurred 18 years ago in response to a real need that arose in society: the OneFamily Fund, which supports terror victims and bereaved families.

When any family is suddenly faced by the loss of a loved one, they suffer tremendous pain and grief, and are plunged into a cycle of personal and family mourning, a crisis that no one can ever prepare for. The family is immediately forced to deal with endless questions, hardships and urgent dilemmas, as well as the long term new and uncertain reality.

In the darkest hours of their lives OneFamily enters the picture, bringing with it its vast experience, and professional knowledge. The organization helps family members get through the initial days and those following after, as everyone returns to their daily routine and the family begins to internalize the void that has appeared in their lives.

OneFamily has, in the past 18 years, gained vast professional expertise and in-depth experience in accompanying and treating bereaved families and terror victims. This understanding has led OneFamily to develop a holistic treatment model to assist the families. Within that framework professionals, together with the different department heads, the Youth Department, Young Adults and Family Departments, established a unique rehabilitative treatment, bespoke to best fit the specific needs of each family.

Already during the Shiva, a case worker with responsibility of the area the family live, visits the family, introduces themselves and listens to the family members, while identifying their immediate needs, sensitivities and financial situation. These findings are immediately dealt with by the relevant departments. The case worker remains in constant contact with the family accompanying them and coordinating throughout the process.

The long term challenges faced by families are many and varied. The equilibrium and roles within the family change, family relations are often strewn into turmoil, the financial situation is impacted and so on. Often, victims describe the gap that exists between their own recovery and their daily routine and the expectations of those around them. More than once they sense the message from those around them is that should "get on with it", and at the same time they feel they still need more time and patience to recover.

Many talk of the difficulties they have in expressing happiness, and the underlying feeling that they need to apologize for enjoying themselves and feeling happy. However many of their hardships are answered in group meetings with fathers, mothers, sisters and brothers, boys and girls, children who meet in "equal groups," with people facing similar challenges, and more often than not, are able to understand and empathize with each other without even having to utter a word.

One of OneFamily's most significant achievements is the creation of its platform that allows community development, the community of OneFamily. This community today consists of thousands of members, bereaved families and victims of terror, who view OneFamily as a welcome home, a place without any conditions, a place to have fun and to be sad, a home whose main characteristics are togetherness and understanding, and which allows people to come together to be stronger and far more certain than were they alone.

Miriam Peretz lost her two sons Uriel and Eliraz. She is also a member of the OneFamily community and once said "we all suffer from disabilities, but we all choose the degree of our disability."

In that frame of mind, and offering clinical treatments in addition to the support and accompaniment, we attempt to sow the seeds of "growing post trauma". These seeds will grow, flower, and continue to offer care over time. One of the most emotional outcomes in the community is to see members not only receive help, but help one another.

When a person who has suffered trauma succeeds in putting aside their own personal pain to help another member, they feel a sense of value, of purpose in the pain. The feeling of satisfaction also helps them in their own personal way to cope, for the benefit of all.

It is common to divide bereavement into three parts: the beginning, the middle, and the remaining life of a person.

OneFamily helps thousands of families, fathers, mothers, brothers and sisters, to rebuild with renewed significance and write the coming chapters in their life story.

This mutual journey requires trust, patience and a lot of love. Personally I view my work in clinical treatment as a kind of dedicated mission. From the bottom of my heart, I am grateful to my colleagues in OneFamily for their trust and the privilege to be part of their mutual journey.

Yehuda Ish-Shalom / Clinical Social Worker at OneFamily



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