



ADOPT A Family

My family and I wanted to have a relationship with a family that we could help and be involved with. OneFamily found that family for us through their Adopt-a-Family program. The 20-year-old daughter of our Israeli family was murdered on her lunch break by a Palestinian who was looking to kill Jews.

Over a period of time, I have become very involved with all five members of our “adopted” family and we have become good friends. Their 13-year-old daughter was bat mitzvahed at the same time as my granddaughter, and we sponsored a “winning” for them. We have beautiful photos of the event, and seeing everyone so happy gives us joy.

Being part of this family has been a wonderful experience, and we feel good that we are helping this family move forward after experiencing such terror. This family isn't alone. There are more than 25 families waiting for “adoption.” Israel needs you. - Judy Epstein, Florida



“WALLED” Weekend Retreat for teen-aged boys

Our recent weekend retreat for teenage boys revolved around the theme of “walls.” We visited the Western Wall on the 17th of Tammuz, the date commemorating the destruction of the Temple walls and visited Yemin Moshe, the first walled neighborhood outside of the Old City.

Turn Over

IT'S BEEN twenty years!

On August 9th, twenty years ago, Michal Belzberg was preparing for her twelfth birthday, her bat mitzvah, when a suicide bomber blew himself up in the Sbarro Pizzeria in Jerusalem.

Michal and her parents, Marc and Chantal, couldn't imagine celebrating when fifteen innocent people were killed, 130 were wounded and so many more were suffering.

They canceled the party and used the funds and gifts from family and friends to help the victims. That was the birth of OneFamily.

Since then, OneFamily has grown into a large, volunteer-based professional organization that offers a blend of financial, legal and therapeutic assistance tailor-made for each person and family of terror victims.

Recently, OneFamily hosted a memorial service for the souls we lost 20 years ago at Sbarros, for those who were wounded, and for their families. The evening was moving, and deeply touched all who attended.

After the headlines fade, OneFamily is in this for the long haul, with our hallmark “family” atmosphere. We have been supporting victims for the past 20 years, with a unique approach for each victim, and all the love and care that we can give.

We at OneFamily dream of the day that our services will no longer be needed but, until then, we're here to help the survivors, for as long as they need us. And right now the need is greater than ever before.



Chantal Belzberg, Founder OneFamily



L-R Mark Belzberg, Rabbi Lau, Major Eitan Dana, Dina Kit - Bereaved Mother



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These visits prompted a meaningful conversation on how “walls” can help us, and can also hurt us; and what walls the boys need to overcome within their lives.

The bonding and relaxing Shabbos was preceded by group activities like paintball and a nature hike. The boys enjoyed shared meals and intimate conversations with the counselors all weekend long.

During these types of retreats, participants create strong connections with new friends who truly understand their feelings and experiences.



MICHAL'S Hike

This summer, Michal arranged a very special reunion. When she was a teen, she was a counselor for a group of young girls who survived terror. Now, several years later, the group reunited for a weekend together in the wilderness.

The young women enjoyed the opportunity to reconnect with each other. As they hiked and participated in the activities that Michal arranged, the women talked openly with each other and discussed the challenges they still face, the emotional scars they are left with and how to overcome these challenges.



All participants — including the security guard who volunteered to accompany them — came home uplifted and invigorated!



THE WARM House

The “Warm House” that OneFamily operates in Ra’anana is a special home where men and women gather weekly for art classes, lunch and therapy.

An art therapist runs the art classes for a group of terror victims, volunteers prepare home-cooked lunches in the kitchen, a therapist runs group activities for sharing and processing emotions, while a psychologist in the next room gives private therapy sessions.

The OneFamily Warm House in Ra’anana provides a warm and loving environment in which victims of terror unite and heal. Support the Warm House with a recurring donation of \$180, and know that new smiles will emerge in place of tears.