

Please consider OneFamily as a **beneficiary** for your retirement account, DAF, or insurance policy. Together, we can accomplish anything!

OneNation, OneFamily

Stand with Israel in the Wake of Unprecedented Tragedy

Dear Friends,

There is a widow in Israel who can't remember the last time she slept through the night. Her husband - an army reservist and father of five - was called up on Simchat Torah. He kissed his children goodbye and said, "I'll be home soon." He never came back.

There is a teenage boy who won't go near a mirror. A suicide bomber stole his brother's life and left him with half a face.

There is a little girl who whispers "Ema" in her sleep - but there is no mother left to answer.

This is what war leaves behind.

Two years after the October 7th massacre, Israel is still bleeding.

More than **900 soldiers** have been killed. Civilians continue to be murdered, maimed, and terrorized. The headlines have moved on.

But **grief doesn't fade on schedule. Trauma doesn't end with a ceasefire.**

At **OneFamily**, we don't just bury the dead. We lift up the living. We are walking with over **4,000 families** whose lives have been shattered - Widows. Orphans. Parents who have buried more than one child. Soldiers who came home with broken bodies or broken souls. Teenagers who can't concentrate in school because of nightmares. Mothers who cry in the shower so their children won't hear.

Some of these soldiers were just 18. Others were reservists - husbands, fathers, professionals - who told their families and their businesses, "*Wait for me. The country comes first.*" We are holding them all. And we will not let go.

In just the past year, **OneFamily** has:

- Launched **101 new therapeutic support groups**
- Led **45 retreats** to help survivors breathe again
- Provided **thousands of trauma therapy sessions**
- And distributed **millions in direct aid** to families who lost everything

But it's not enough.

This Rosh Hashana, I'm asking for more than a donation. I'm asking you to carry a corner of this grief with us. Because healing is heavy. And no family should have to carry it alone.

Please consider:

- **Doubling your gift**
- **Sponsoring a victim or family for a year**
- **Creating a legacy in your will, DAF, or retirement plan**

Every dollar helps a child feel safe again.

Every gift tells a grieving mother: *You are not alone.*

This Rosh Hashana, may we all - **Jews and non-Jews alike** - be inscribed not only for life, but for **compassion, courage, and love that does not give up.**

With a full heart,



Marc Belzberg
Chairman
OneFamily





Side by side, these mothers shaped something tangible from brokenness - and found strength in one another.

Building a Temple, Mending the Heart

At a therapeutic art class in Ra'anana, a group of mothers quietly gathered - each one the mother of a wounded soldier.

Some of their sons had served in the Givati Brigade, others in different combat units. All had returned from the front bearing deep wounds - physical, emotional and invisible.

Together, the mothers created a delicate model of the Holy Temple out of stained glass. Every fragment they chose held meaning: a memory, a prayer, a piece of their broken hearts.

No one needed to speak. The act of creating - side by side - was the healing.

In that sacred silence, something powerful happened. They weren't just shaping glass. They were shaping strength.



Around the table, grief met compassion - and broken hearts found connection.

Healing at 3,000 Meters: A Journey of Strength for Israel's Newest Orphans

Thirty-four orphans - most of whom lost both parents on October 7th or during the war this summer - just returned from a life-changing healing journey in the Dolomites, together with their new adoptive parents accompanied by OneFamily Trauma Experts.

These caregivers are not strangers - they are bereaved aunts, uncles, and grandparents who are now raising these children as their own. This retreat gave each new family unit precious time to bond - not only with one another, but with other families navigating the same unimaginable loss.

Led by OneFamily's dedicated trauma therapists, the week combined breathtaking hikes, rope courses, and rafting with something even more powerful: connection.

Yael, terrified of the zipline, found courage in her group's cheers.

Ziv, afraid of heights, stood proudly atop a 3,000-meter summit.

Each child walked away not just stronger - but more open, more connected, more alive.

These carefully designed retreats are where the healing begins. It's where grief softens, relationships deepen, and a group of shattered families becomes a circle of strength.

One week. A lifetime of healing.

This is OneFamily's work - and this is what your support makes possible.



Thirty-four orphans and their adoptive families set out on a healing journey in the Dolomites - stronger together.



*Strength Shared,
Strength Gained*

On the mountaintop, orphans found more than a view - they found courage within.

Built by Hand, Held by Heart

In Modi'in, a group of bereaved fathers gathered - some newly grieving from the Iron Swords War, others walking this road for years. Together, they joined a OneFamily woodworking workshop designed especially for men who share this unthinkable loss.

They began with a shared meal, introductions, and quiet words. Then they got to work - choosing projects, measuring, sanding, painting, building.

But what they were really building wasn't furniture. It was connection.

Side by side, without pressure to speak, they found comfort in motion, in sawdust and brushstrokes, in knowing glances and unspoken strength.

For the newer fathers, it was a glimpse of life after the shock. For the veterans, a powerful moment of purpose - lifting someone else through their own journey.

Each man left carrying something he had shaped with his hands - and something deeper that he couldn't hold but would never let go.

This is OneFamily.

Healing, together. One step, one nail, one heart at a time.



They came to build with wood - and found they were building each other.



Introductions turn to stories; stories turn to understanding.



Sawdust and Strength

The Second Front Reaching Every Soldier. Every Heart.

Over the past two years, Israel has fought for its survival on no fewer than seven fronts - facing terror, rocket fire, hostage-taking, international isolation, and devastating personal loss.

But for some soldiers, a deeper, quieter battle rages within. A second front.

These are the young men and women who, after losing a brother, a sister, a parent - still chose to put on the uniform of the IDF. They carry the weight of service... while still carrying the weight of grief.

OneFamily's Senior Youth Division (ages 18-23) launched a bold new initiative to walk with these bereaved soldiers - not just as they mourn, but as they serve.

We've begun visiting army bases across the country, delivering more than care packages. We bring comfort. Connection. Continuity. And love. Because this program isn't about what's inside the package. It's about what's behind it.

It's about showing up. Looking each soldier in the eye. Calling them by name. Asking about their fallen loved one - and then remembering. Many of these young heroes can't make it to our retreats or healing weekends. So now, we go to them.

We bring the embrace of OneFamily to the field. To the barracks. To the bases.

And we remind them: You are not alone. Your pain is seen. Your service is sacred.

And your family - your OneFamily - is with you always.

This is how we reach them - on their second front. With care. With courage. With continuity. Because healing doesn't wait. And neither will we.



A care package is more than what's inside - it's the reminder that they are not alone.

Healing Waters, the OneFamily Embrace

OneFamily's Southern Team welcomed dozens of bereaved women - mothers, widows, sisters, and orphans - into a morning of comfort, connection, and calm.

They were met with soft towels, thoughtful gifts, and the gentle touch of massage therapists and facialists. They sipped fresh fruit smoothies, ate nourishing food, and shared quiet conversations by the water's edge. More than pampering, this was a moment of stillness in the storm - a chance to breathe, to open up, and to connect therapeutically with others who truly understand.

They laughed, they cried, they listened - and in that sacred space, they found each other. As Galit Hassidim, a bereaved mother, shared: "I arrived tense and in pain... and I left feeling free."

They didn't leave whole - but they left lighter. Together, they found a small measure of healing - and a deep well of strength. This is the embrace of OneFamily, and we host days like these all over the country, throughout the year.



A day of renewal, carried forward as hope.



Supported by the water, survivors felt their burdens lighten.



Massage therapy offered both relief and connection.



Hands of care brought comfort to bodies holding trauma.

NEW PROGRAM: Helping Reservists Heal from the Invisible Wounds of War

In the aftermath of October 7th, thousands of Israeli reservists left their families, their jobs, and their lives behind - stepping up to defend Israel's right to exist and protect the Jewish people.

Now they've returned home. But for many, the war didn't end. It simply followed them.

Some are struggling to hold their babies.

Some can't go back to work.

Some barely speak.

Some barely sleep.

And no one sees it.

These are the invisible wounds of war - and they're affecting not only the soldiers themselves, but their spouses, children, and entire family systems.

OneFamily's new initiative, the Back to Life Fund, was created to address this hidden crisis.

This program provides direct financial assistance and individualized care for families where a parent - often a father and provider - is suffering from post-traumatic stress. Because we've seen firsthand: when one member of the family is wounded, everyone feels it.

We've heard story after story of collapse. A soldier holding his newborn in a moment of joy - only to break down from the memories. A wife quietly covering rent, parenting alone, absorbing the fallout. Children watching their once-present parent vanish into silence and shadows.

The Back to Life Fund is our answer to these stories. It centers the family, offering stability, breathing room, and a path forward.

Because healing, too, is a form of resistance.

And no one should have to go through it alone.

Sponsor a Reservist and his/her family for a year for \$25,000. Any amount will be put towards their healing.